



RETURN TO PLAY

#Return Smarter #Return Stronger

We remind everyone to following Washington State's Stay Home Stay Safe policy. Safety is our club's priority, we support a family's choices not to participate if a player does not feel comfortable attending.

Click to review [WYS Return to Play Guidelines](#)

Click to review [Washington's Phased Approach](#)

This document has been created to follow Washington Youth Soccer guidelines, and support our coaches, players and families to adhere to Washington's Phased Approach.





Action Plan

Athlete & Coach Roles & Responsibilities

Athlete	Coach	Parent
<ul style="list-style-type: none"> ➤ If you are not comfortable returning to play, don't. ➤ Adhere to all return to play protocols. ➤ Respect and practice social distancing. ➤ If you have a temperature, do not come to training. ➤ Notify club, if you or a household member has tested positive for covid-19. ➤ Wash hands before and after training. ➤ Wash and sanitize training equipment after each session (cleats, shinguards, ball, gloves and clothes). ➤ Do not share water, food or equipment. ➤ Place equipment & bags at least 6 ft. apart. ➤ No celebrations, high 5's, etc. ➤ Carry hand sanitizer. 	<ul style="list-style-type: none"> ➤ Adhere to all return to play protocols. ➤ If you have a temperature, do not come to training, notify club. ➤ Notify club, if you or a household member has tested positive for covid-19. ➤ Wash hands before and after training. ➤ Wash and sanitize training equipment after each session. ➤ Do not share water, food or equipment. ➤ Respect and practice social distancing. ➤ Place equipment & bags at least 6 ft. apart. ➤ No celebrations, high 5's, etc. ➤ Carry hand sanitizer. 	<ul style="list-style-type: none"> ➤ If you are not comfortable with your child returning to play, don't. ➤ Adhere to all return to play protocols. ➤ Respect and practice social distancing. ➤ Check your child's temperature before training. ➤ Notify club, if you athlete or a household member has tested positive for covid-19. ➤ Ensure that training equipment (cleats, shinguards, ball, gloves and clothes) is washed/sanitized after each session. ➤ Supply sanitizer for your child. ➤ Ensure your athlete brings water and a ball to training.



Action Plan

Athletes & Parents: Preparing for Training

In addition to coach, player and parent responsibilities, please review guidelines for preparing to attend training sessions.

Athletes

PRE-TRAINING SESSION

- Review all return to play protocols.
- Check your temperature before training.
- If you have a temperature, do not come to training.
- Notify coach/club, if you or a household member has tested positive for covid-19.
- It is recommended that athletes go to bathroom before leaving home.
- Athletes should wash hands before leaving home.
- Each athlete should bring their own ball, water bottle and club supplied pinnies to each training session.
- All clothing/equipment is clean/sanitized.
- Review field entry/exit points.
- Athletes should stay in car until notified by coach (team text).
- There should be no socializing before training.
- Athletes should wear a mask to/from training.

POST TRAINING SESSION

- No socializing after training/quick pick-up.
- Check-in with your parents, let them know how training was (it's important)
- Athlete should shower/wash following training session.
- Ensure equipment is cleaned/sanitized (prepared for next session).

Parents

PRE-TRAINING SESSION

- Review all return to play protocols.
- Check the athlete's temperature before training.
- If you have a temperature, do not come to training.
- Notify coach/club, if you or a household member has tested positive for covid-19.
- Encourage athlete to go to bathroom before leaving home.
- Ensure athlete washes hands before leaving home.
- Ensure all clothing/equipment is clean/sanitized.
- Review field entry/exit points.
- Athletes should stay in car until notified by coach (team text).
- There should be no socializing before training.

POST TRAINING SESSION

- Ensure athlete is picked-up on time.
- Ensure athlete washes following training session.
- Ensure athlete's equipment is cleaned/sanitized.
- Check-in with athletes:
 - Did they have fun?
 - Did they work hard?
 - How do they feel?



Action Plan

Coaches: Preparing for Team Training

In addition to coach, player and parent responsibilities, please review guidelines for preparing to attend training sessions.

Equipment & Safety

We recommend taking the following actions in preparation:

- Review and adhere to all return to play protocols.
- Notify club, if you or a household member has tested positive for covid-19.
- If you have a temperature, do not come to training (notify club).
- Review entry/exit points for fields
- We recommend using the bathroom before leaving home.
- Wash hands before leaving home.
- Carry hand sanitizer.
- Respect and practice social distancing.
- There will be a 30-min window between training session (prepare).
- Clothing/equipment should be cleaned/sanitized before training.
- The coach should be the only person handling equipment.
- If a coach, has two teams, clean/sanitized equipment must be used for each training session.

- Ensure area is clean and safe before allowing players onto a training area.
- Notify families and players they can exit cars and begin training.
- Consistent and timely communication with teams is important.

Practice Plans

- Sessions are technical based sessions.
- Ensure distancing within all activities.
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Battle Point Turf - Entry & Exit

Entry and exit via the points highlighted closest to the field your team will be training on. Players should remain in cars and away from the field until text notification from coach that the field is ready for safe play. Athletes pick-up should be quick.





Battle Point Grass- Entry & Exit

Entry and exit via the points highlighted closest to the field your team will be training on. Players should remain in cars and away from the field until text notification from coach that the field is ready for safe play. Athletes pick-up should be quick.

