



KITSAP ALLIANCE FC

K AFC Return to Play Guidelines Players, Parents, Guardians, and Spectators

Phase-2 Guidelines

- Have fun and stay positive!
- Take your player's temperature daily.
- If the player or players family is ill, please stay home and take care of yourself.
- Limited or no carpooling.
- When you drop off your player, instruct them to go directly to their designated area and practice physical distancing. If your player will struggle with following the guidelines, wait until you think training is about to start and send them out.
- No parents or spectators are allowed on the training field. If you are walking the track, please do not congregate or handle club equipment. Feel free to kick back a ball or two though.
- Bring and use hand sanitizer with you at every training session. Especially at the beginning and end of sessions.
- Wear mask before and after all training sessions to the extent you can tolerate. This protects others in the event that you are unknowingly carrying the virus.
- Do not touch or share anyone else's equipment.
- Practice physical distancing and place bags and other equipment at least 6 feet apart from your teammates' equipment during sessions.
- Wash all equipment before and after every training session.
- No group celebrations with players closer than six feet, no high fives, and no hugs.
- When players are dismissed, please be on the lookout for them. We do not want players congregating around entrances or exits.
- Gates with Kitsap Alliance feather flags will be entrance points. All other gates can be used as exits. Practice social distancing around entrances and exits.
- Hand sanitizer will be kept at exit gates when available. We strongly encourage that each player applies it at the commencement of training.
- Wash hands thoroughly before and after training and after any contact outside your home.



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K AFC Return to Play Guidelines Players, Parents, Guardians, and Spectators

Phase-3 Guidelines

- Have fun and stay positive!
- Take your player's temperature daily.
- If the player or players family is ill, please stay home and take care of yourself.
- Limited carpooling
- When you drop off your player, instruct them to go directly to their TeamSnap designated area.
- No parents or spectators are allowed on the training field. If you are walking the track, please do not congregate or handle club equipment. Feel free to kick back a ball or two though.
- Bring and use hand sanitizer with you at every training session. Especially at the beginning and end of sessions.
- Wear mask before and after all training sessions to the extend you can tolerate. This protects others in the event that you are unknowingly carrying the virus.
- Do not touch or share anyone else's equipment.
- Practice physical distancing and place bags and other equipment at least 6 feet apart from your teammates' equipment during sessions.
- Wash all equipment before and after every training session.
- No group celebrations with players closer than six feet, no high fives, and no hugs.
- When players are dismissed, please be on the lookout for them.
- Hand sanitizer will be kept at gates when available. We strongly encourage that each player applies it at the commencement of training.
- Wash hands thoroughly before and after training and after any contact outside your home.
- When attending games or tournaments, please adhere to state, local, and host club health guidelines.