

SK United: Covid-19 Return to Play Plan (Phase 2)
South Kitsap Soccer Club: June 5, 2020

United Players, Parents, and Staff:

On June 5, 2020, the Governor's office delegated authority to the counties for youth sports to take place during "Phase 2" of the State's Covid-19 plan. Phase 2 allows certain businesses and activities to occur provided they are limited to five people or less, and are subject to multiple health and safety measures. Full-team activities involving 5-50 people are restricted to Phase 3, but the Governor has since modified the restrictions to allow teams to practice under a "group of five" limitation during Phase 2.

As a program, we are committed to providing opportunities for players to participate in training activities during Phase 2 and will be doing so in full accordance with state and local guidelines, as well as guidelines issued by Washington Youth Soccer and US Club Soccer/PSPL. We are keenly aware that some of these measures are topics of much debate and the scientific efficacy remains uncertain. The procedures we implement are not intended to stir a debate on these issues, rather they are simply designed to ensure that we are abiding by the recommendations issued by our government and soccer association(s) so that we do not jeopardize our ability to pursue a return to play. Please bear in mind that our players, parents and staff members face varied circumstances due to personal health issues, family members with health issues, or personal beliefs. While we are all entitled to our opinions regarding the overall Covid-19 approach, I encourage everyone to focus upon the specific purpose behind this: getting our players back on the field.

Below is our "Covid-19 Return to Play Plan (Phase 2)" which all staff, players, and parents must agree to abide by if they choose to participate in training or fitness activities. Many of these things are actually REQUIRED by state and local jurisdictions under Phase 2, and as a licensed business entity, the South Kitsap Soccer Club must abide by these requirements.

- Staff members are required to keep a copy of this plan with them at all training and fitness events.
- Each player/parent must sign a copy of these guidelines prior to participation in training, acknowledging their understanding of the club's plan.

United staff will provide opportunities for interested players to receive technical and fitness training at approved training sites in South Kitsap.

- These groups are limited to five people or less. Teams may practice at the same physical site, but must be split into groups of five, with a minimum of a 5 yard "buffer zone" between each group of five.
- Staff must pre-designate players into the groups of five before arrival at practice sessions. These groups must be provided with instructions as to where to meet on the field (via

colored cones or other markers) and arrival times should be staggered to ensure appropriate social distancing can be maintained during arrival and departure.

- Teams that are split into groups of five for training sessions shall maintain those group of five assignments for a period of at least one week before modification.
- Players who are considered at “high-risk” or who live with family members who are at “high-risk” are encouraged not to participate in activities during Phase 2.
- Prior to each fitness or training session, staff will provide either a video safety briefing (via email) or an in-person safety briefing reinforcing the protective measures being taken (social distancing, sanitization, health screening).
- There will be NO physical contact between players or coaches, and all participants must observe at least six feet of physical separation between themselves and others at all times. There will be no “high-fives”, handshakes, huddles, or other forms of contact.
- If a training session is being conducted at a facility with other community-based activities, the staff member shall make every effort to try and stagger arrival and departure times in order to minimize potential “choke points” for movement.
- Staff will utilize cones or other markings to designate an area for the training to occur, as well as areas for players to place their personal belongings. All personal belongings must be placed at least six feet apart.
- All equipment will be handled by staff. Players are not to touch any equipment. Players are prohibited from sharing any personal belongings. If a ball is kicked into another player’s area, players should use their foot to kick the ball back and NOT touch the ball. Players should not bring any personal training gear (agility gear, balls, etc.) to the session.
- Hand sanitizer will be provided by staff. All staff and players must use hand sanitizer before and after the training session. All participants are encouraged to fully wash their hands and clothes both before and after their participation in a training/fitness session.
- Players are encouraged to consider the use of masks as they arrive for training sessions, and upon conclusion of the session.
- Coaches are required to wear masks before and after training sessions.
- ALL participants and staff are required to check themselves for potential symptoms of Covid-19 before arrival. If a participant or staff member is experiencing a fever (greater than 100.0), a cough, shortness of breath, body aches, gastrointestinal issues, sore throat, or a loss of taste or smell, they are restricted from attending any training or fitness activities until symptom free for a period of at least 48 hours. If a participant/staff member has been diagnosed with Covid-19 or comes into contact with a person who has had Covid-19, they are prohibited from attending until fully recovered and having completed the 14-day quarantine period.
- Staff members will be provided with access to a temporal thermometer to screen for potential fever as necessary.
- Parents should drop their players off near the training site and players should head directly to the designated training area, while maintaining appropriate social distancing. Parents should either remain in their vehicles or observe training from a position at least 15 yards away. Parents are encouraged to wear masks if they are on site during training activities and observe all social distancing guidelines.

- At the conclusion of a training/fitness session, the staff member shall collect all gear and ensure that it is disinfected fully before re-use. All equipment must be fully coated with a disinfectant spray and wiped down prior to re-use.
- If a participant or staff member is diagnosed with Covid-19, they are encouraged to notify the VP of Select of their exposure as soon as possible, but maintain confidentiality as required by the Americans with Disability Act. In the event of potential exposure, staff will be instructed on how to proceed based upon the CDC's Public Health Recommendations for Community-Related Exposure.

Kitsap County is home to a diverse population with various personal, political, and health/safety beliefs; our club is no exception. As we work towards an eventual return to "normal", we will face a number of challenges which may redefine what soccer and socialization looks like in the near-term. Please bear with the club, your team staff, your teammates, and parents as we all work together to get players back on the field. Please be patient, kind, considerate, and understanding of those who may not necessarily agree with these restrictions, and remember that the health and safety of our players and families is our utmost concern.

If at any time you have questions regarding this plan, or the club's policies and procedures with regards to Covid-19, please contact Matthew McDaniel, VP of Select, at: select@ksoccer.com or (253) 432-0505.